

**SUMMER CAMPS at Southlands Heritage Farm  
KEEP-IN-MIND LIST**



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**CHECK-IN/CHECK-OUT**

**First Day:**

- Check-in in the office

**Every Day:**

- Parents have to check their child(ren) in and out with the camp educators.
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**WHAT TO PACK**

**For Farm and Riding Camps:**

- Water bottle
- Sun hat
- Sunscreen
- Snack
- Lunch (if your child is taking part in both morning and afternoon camps)

**For Riding Camps only:**

- Boots with heels – most rain boots will do just fine
- Long stretchy pants are recommended
- We provide ATSM approved helmets but you can choose to bring an approved bike helmet.

**For the campers taking part in the Campers' Night:**

- WARM sleeping bag and camping mattress
  - WARM sweater for the evening
  - Tooth brush
  - Headlamp or flashlight, good book
  - Water bottle and extra snack
  - Snack for camp on Friday - and lunch if you child is staying for lunch
  - Optional: bug repellent, games, musical instruments...
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**FRIDAY'S FARM MARKET**

Remember that we hold our own farm market every Friday! A good opportunity to get your weekly fresh veggies, chat with the farmers and get new recipe ideas!